




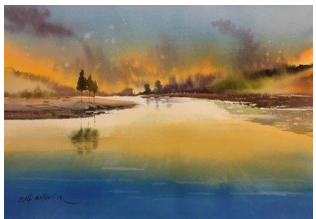



Key Words	Definitions
city	A place where many people live and work.
human features	Things that have been built by people.
landmark	A point on a landscape that has significance or importance.
landscape	The features of an area of land that you can see.
physical features	Natural things that have not been built by people.

Bradford Now and Then - Can you name these buildings in Bradford?

				
Old Odeon Cinema		Science and Media Museum		Lister Mill
				
Bradford Interchange		Alhambra Theatre		The Wool Exchange

Discuss with your family how these buildings have changed.

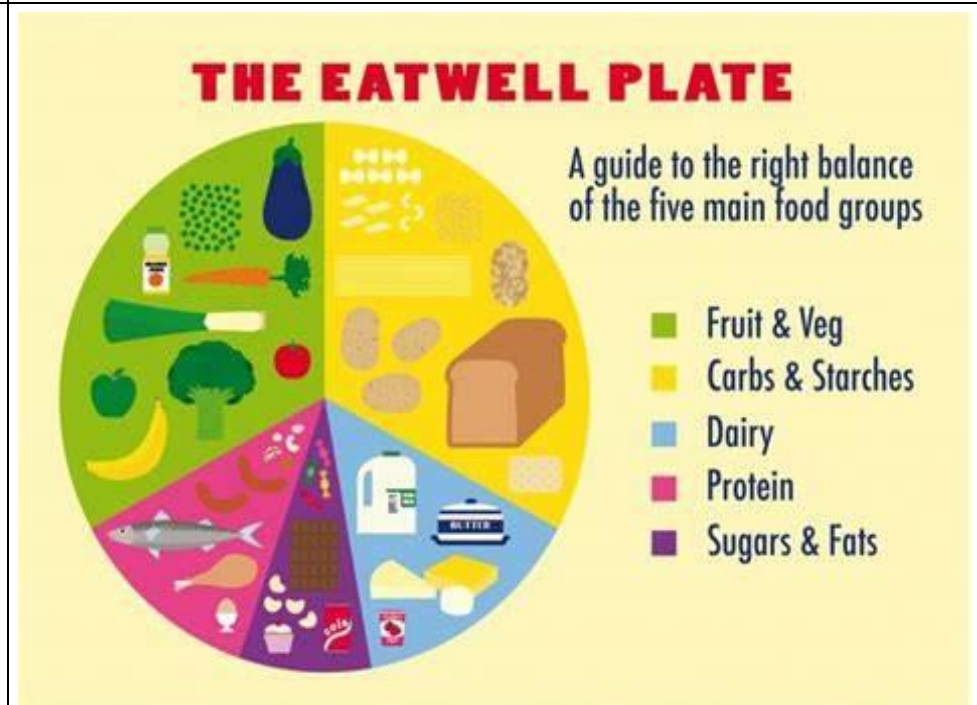
Important figures	
Artists	
David Hockney	Arif Ansari
   	  
Hockney is a famous artist from Bradford.	Arif Ansari is a famous artist from Karachi in Pakistan.

Monday	Tuesday	Wednesday	Thursday	Friday
HWK: 15 mins reading Numbots	HWK: 15 mins reading Numbots	HWK: 15 mins reading Numbots	HWK: 15 mins reading Numbots	HWK: 15 mins reading Numbots Spellings
Key Dates: Aspiration week Trip to Bradford City Centre				

Key Science Vocabulary

ways to keep healthy	reason
exercise	exercise keeps our muscles and bones strong, it also makes us feel happy
eating healthy foods	our bodies take nutrients from our food that help us to grow and stay well
resting	rest helps our bodies to recover and rebuild
keeping clean	good hygiene prevents germs from spreading
medicines	if we are ill, sometimes medicines can make us better

Keeping Healthy



We use these items to keep clean. Can you name them?
What are they used for?



a face cloth
shower gel
a sponge
shampoo
a toothbrush

The **Eatwell** plate shows what a healthy meal should include.

Can you discuss at home which food are healthy for you?

Can you design a healthy meal for your family?

